

Online Joint Class

“Building Resilience and Well-Being with Mindfulness: Follow-On Session*”

*This follow-on session is opened only to those who have been practicing mindfulness as well as those who have attended the Online Joint Class on September 11th, 2020

Speakers:



Prof. Dr. Lai Ming Ming

Professor from MMU



Ms. Anisah Binti Jumaat

Lecturer from MMU



Mr. Vincent Oh Kim Seng

Lecturer from MMU



**Tuesday,
October 6th, 2020**



**10 AM-11.30 AM
(Malaysian Time)**

Benefits:

- 6 Month free Subscription on MindFi (Mindfulness app) for those who registered and attended this class
- E-Certificate

Organised by
International Office of Telkom University

Registration:



Or

https://bit.ly/OJCTELU_MMU

Note to MMU Participants:
Please use personal Gmail account
for registration

Online Joint Class

“Consumers’ Perception toward Halal Products and Sustainable Halal Consumption”

Speakers:



**Dr. Abdullah
Al Mamun Sarwar**

Lecturer from MMU



Ir. Farda Hasun, M.Sc.

Lecturer from Telkom University

Registration:



**Tuesday,
October 20th, 2020**



**11 AM-1 PM
(Malaysian Time)**

Benefit: E-Certificate

Organised by
International Office of Telkom University



Or

https://bit.ly/OJCTELU_MMU

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